



A STUDY OF DEVELOPING SELF CONCEPT AMONG B.Ed. PUPIL TEACHERS

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Introduction

Self concept is a central theme around which a large number of the major aspects of personality are organized.

"Self concept is the map which each person's consults in order to understand himself during the moments of crisis or choice. The self includes all that a person embraces in the works- I, Me, Mine and Myself. It is within each person, the core and the substance of his experience as human being." Self concept appears to be a comprehensive and exhaustive area which can represent the personality at large. Self concept has been chosen as one of the possible dimensions which give direction to the whole life.

Nature of Self concept

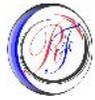
The self concept is "something" beneath one's skin which affects his or her behaviour as an organization of ideas about oneself which is derived from one's experience with others. Throughout life one is concerned with being approved by others. In this process, a concept is built of behaviour which seems to lead to acceptance and love. The emergent pattern gradually becomes a conscious synthesis of mental image of what one is and what he thinks he is to other people. Cattell (1957) referred to self concept as the "key stone personality". Its importance from is influence over the quality of persons behaviour and his method of adjustment to life and situations. Lewin has pointed out that it gives "consistency to personality. It is conceived as it develops as a result of the interaction of the individual with his environment. Epstein (1972) submits that self concept is based on self theory. It is a theory that individual has unwittingly constructed about himself as an experiencing, functioning, individual and it is part of a border theory which he holds with respect to his entire range of significant experience."

Importance of self concept

It is very important to develop self concept for personality development of every individual. For the development of self concept development of self image is very essential. If we consider the following aspects ourselves then our self image will developed.

- i) Look to ourselves
- ii) Opinion to ourselves
- iii) Background
- iv) Particular quality

For the development of self concept, it is very essential to take direct or indirect



experiences when we understand that in what level the self concept was developed then we can improve the self concept in which something is remaining, with the held of techniques.

Objectives of the Study

- i) To measure self concept about the Intellectual and school status area among B.Ed. pupil teacher.
- ii) To measure self concept about the physical appearance and attributes area among B.Ed. pupil teachers.
- iii) To measure self concept about the popularity area among B.Ed. pupil teachers.
- iv) To measure self concept about the happiness and satisfaction area among B.Ed. pupil teachers.
- v) To suggest techniques for self-concept development for B.Ed. pupil teachers and to study their effectiveness.

Procedure

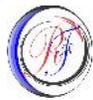
The researcher used Dr. S. P. Ahluwalia's (1986) standardized self concept scale to measure the self concept of B.Ed. pupil teachers from College of Education, Barshi, Dist. Solapur. Twenty five B.Ed. pupil teacher were included this study. The researcher analyzed the responses of B.Ed. pupil teachers into six areas. These areas are follows:

- i) Intellectual & School Status
- ii) Physical Appearance & Attributes
- iii) Popularity
- iv) Anxiety
- v) Happiness & Satisfaction
- vi) Behaviour

The data has been statistically analyzed by using mean.

Table 1
Status of B.Ed. pupil Teachers in Areas of Self-Concept

Sr. No.	Area of Self Concepts	Average mean
1	Intellectual and school status	10.00
2	Physical Appearance and Attributes	08.40
3	Popularity	06.52
4	Anxiety	08.40
5	Happiness and Satisfaction	06.24
6	Behaviour	09.82



Interpretation (Pre test)

- 1) The average mean of the area of intellectual and school status of self concept is more than other area (10.00).
- 2) The average mean of the area of happiness and satisfaction was found very low (6.24).
- 3) The average mean of the area of physical appearance and attributes, popularity as (8.40), (6.52).
- 4) Generally, the development of self concept of B.Ed. pupil teacher between the happiness, satisfaction and popularity was found less than the development of self concept between the area of Anxiety, physical appearance and attributes, behaviour and intellectual and school status.

Technique for Self Concept Development

Popularity, happiness and satisfaction are two areas from the six areas of above self-concept measurement test, in which use student teachers self-concept formation was found low than other areas. Therefore, further development of self-concept some techniques are suggested and these techniques area explained to those students on whom the first test was administered. These techniques are as follows:

1. Develop positive thinking towards subject of vocation and do as per thinking
2. Developing subject knowledge
3. Interaction between students and society
4. Developing communication skills
5. Constructivism
6. Cooperation and help to others
7. Politeness
8. Leader

Table 2
Status of B.Ed. pupil Teachers in Areas of Self-Concept

Sr. No.	Area of Self Concepts	Average mean
1	Intellectual and school status	10.96
2	Physical Appearance and Attributes	09.48
3	Popularity	08.72
4	Anxiety	09.56
5	Happiness and Satisfaction	09.52
6	Behavior	10.12



Above self-concept development techniques were explained to the B.Ed. pupil teachers and time was given for thinking. After one month the second test was given to them. After that, the analysis was done according to the statistical information of post test.

Conclusion

In the self-concept test which was administered on B.Ed. pupil teachers, happiness, satisfaction and popularity (6.52) are the some areas where mean found average mean. Students think according to the self-concept formation technique which was explained to them. After one month, the post test which was given, in this the average mean of the areas Happiness and satisfaction was found 9.52 and the average mean of popularity was found 8.72. Because of self-concept development techniques which was explained after pre-test, we can say that among student teachers there was growth in self concept.

Therefore from above we can say that suggested self-concept formation techniques and development techniques were useful.

References

1. Ahluwalia S. P., (1986), Self concept scale, (standardized).
2. Karandikar S., (1997), Educational Psychology, (Phadke Prakashan, Kolhapur).
3. Patil A. (2003-04), Tips on self Empowerment & Self Motivation. (Study circle booklet)