

f'k{k.k'kkL= egkfo | ky; krhy ukfol; i w kZ d'rhp; k I | fLFkrhpk
vH; kl

डॉ.नीला पाथरे

I gk- i k/; ki d
, I -i h-, I -dklyst vkW , T; q's kujl kaxyh

i kLrkfod

I ekt gk fodl u'khy rsgk vl rks tsgk rks uouohu xk'sVhpk Lohdkj djrks
I ektkrhy iR; d {ks=kr ukfol; kph xjt vl rs R; k R; k {ks=kr ukfol; i w kZ mi Øe
jkfo. kks fdrt.k vkgr ; koj R; k {ks=kph xq koRrk voyau vl rs f'k{k.k{ks=kr nj
I krR; kus cny gkr vl rkr- gs cny Lohdkjr vl rkukp fo | kF; kpk I okkh.k fodkl ; k
/; s kpk fol j i Mrk dkek u; s R; kl kBh f'k{kdkpk I okkh.k fodkl xj tps vkgs Eg.kiup
f'k{k.k'kkL= egkfo | ky; kr v/; ; u v/; ki ukr rl p i kR; f{k d dkekr vl s ukfol; i w kZ
mi Øe jkfoys ikfgtr dh T; keGs Nk=k/; ki dkæ/; s fofo/k 0; fDrxr rl p I kekftd
dkS kY; kpk fodkl gkby- I (e v/; ki u] I jko i kB] I ektl ok] , I -; qih-MCY; w ; ke/khy
ukfol; i w kZ mi Øekj ksjp i k/; ki dkP; k v/; ki ukr uouohu ra=] in/krh ; kpk I ekos k
vR; r vko'; d vkgs f'k{k.kkP; k i kFkfed] ek/; fed Lrjkoj Kkujpukoknkp I ekos k
>kysyp vkgs R; kl kBh vko'; d in/krhpk okij f'k{k.k'kkL= egkfon; ky; kr gks ks
xj tps vkgs f'k{k.k'kkL= egkfon; ky; kr feG.kkj k deh dkyo/kh y{kkr ?kryk njh v'kk
ukfol; i w kZ mi Øekpk] ra=kkpk] in/krhpk okij vifjgk; l vkgs] pkaY; k xqkkaj ksjp
fofo/k dkS kY; kpk fodkl >kysys Hkkoh f'k{k d ; keGp I ektkyk feGrhy- iLnrq isj
f'k{k.k'kkL= egkfon; ky; krhy ukfol; i w kZ mi Øe] ra=] in/krh okij kP; k I | fLFkrhoj
i dk'k Vdkrks

I a kks/kukph xj t o eglo

f'k{k.k'kkL= egkfo | ky; kP; k xq koRrk fodkl kl kBh uoki Øekph vko'; drk y{kkr
?krk ; k egkfo | ky; kr pky.kk&; k uoki Øekfo" k; h ekfgrh ?ks ; kph xjt I a kks/kdsyk
okVyh- I kaxyh 'kgjkrhy rhu f'k{k.k'kkL= egkfo | ky; krhy Nk=k/; ki dkæMiu feGkyS; k
ekfgrho: u fu"d" kZ dk<ys o f'kQkj' kh dS; k- gs fu"d" kZ o f'kQkj' kh f'k{k.k'kkL=
egkfo | ky; krhy i k/; ki dkauk fuf'pr mi ; kxh i Mrhy vl k I a kks/kdsyk fo'okl okVrks

mfí"Vs

- 1- f'k{k.k'kkL= -egkfo | ky; kr I (e v/; ki u] fnXn'k u i kB] I jko i kB ; ke/; s dS; k
tk.kk&; k ukfol; i w kZ d'rhp ekfgrh ?ks ks
- 2- f'k{k.k'kkL= egkfo | ky; krhy i k/; ki dkP; k v/; ki ukr okij Y; k tk.kk&; k
ukfol; i w kZ ra=s o in/krhpk ekfgrh ?ks ks
- 3- f'k{k.k'kkL= egkfo | ky; krhy ukfol; i w kZ dk; Øe o mi Øekph ekfgrh ?ks ks



0; klrh o e; kkh

- 1- I kxyh 'kgjkrhy f'k{k.k'kkL= egkfo | ky; s gh ; k I a kks'kukph 0; klrh vkgs
- 2- gs I a kks'ku I kxyh 'kgjkrhy 3 f'k{k.k'kkL= egkfo | ky; krhy 50 Nk=k/; ki dka i j rs e; kfnr vkgs
- 3- i Lrr I a kks'ku v/; ; u v/; ki u] dk; Øe]mi Øe]i kB ; krhy ukfol; i w kZ d'rhã j rs e; kfnr vkgs

Lka kks'kukph dk; i /nrh

- I a kks'ku i /nr % i Lrr I a kks'kukl kBh I o{k.k i /nrhpk oki j dsyk vkgs
- ueqk fuoM % I kxyh 'kgjkrhy rhu f'k{k.k'kkL= egkfo | ky; krhy 50 Nk=k/; ki d ; knfPNd i /nrhus fuoMys
- I k/ku% ekfgrh xkGk dj.; kl kBh i Lrr I a kks'kukr iz ukoyhpk oki j dj.; kr vkyk

ekfgrhps fo'y'sk.k % 50 Nk=k/; ki dka uk fnyS; k iz ukoyh0nkjk feGkyS; k ekfgrhps oxhãdj.k d#u VDdsokjh dk<u R; ko#u fu"d"iZ dk<.; kr vkys

mfr"V 1 % f'k{k.k'kkL= -egkfo | ky; kr I (e v/; ki u] fnXn'kZ i kB] I jko i kB ; ke/; s oki j y; k tk.kk& ; k ukfol; i w kZ mi Øekph ekfgrh ?ks ks

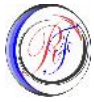
dk'sVd - 1

egkfo | ky; kr I (e v/; ki u]fnXn'kZ i kB] I jko i kB ; ke/; s ukfol; i w kZ mi Øekpk mi ; ks dsyk gkrk dk\

	gks	VDds	Ukgh	VDds
1½ I (e v/; ki u dk; Z kkGk	34	68 %	16	32 %
2½ fnXn'kZ i kB	18	36 %	32	64 %
3½ I jko i kB	34	68 %	16	32%

fujh{k.k o vFkfuopu

- 1½ 68 % Nk=k/; ki d I (e v/; ki u dk; Z kkGr ukfol; i w kZ mi Øekpk oki j dsyk xsyk vl s I kærkr-
- 2½ 64 % Nk=k/; ki d fnXn'kZ i kBkr ukfol; i w kZ ra=kpk oki j dsyk xsyk ukgh vl s I kærkr-
- 3½ 68 % Nk=k/; ki d I jko i kBkr vk/kfud ra=Kkukpk oki j djrks vl s Eg.krkr-



4½ fnXn'kŁu i kBkr ukfol; i w kŁ ra=kpk oki j [kii deh dsk tkrks
I v/e v/; ki u dk; 7 kkGk] fnXn'kŁu i kB] I jko i kB ; ke/; s dks krs ukfol; i w kŁ mi Øi
jkcfos xsys \ ; k iz ukyk i qhyiæk.ks i frl kn feGkyk

	I v/e v/; ki u dks kY; kph uškfud pkp. kh
1- I v/e v/; ki u dk; 7 kkGk	I v/e v/; ki u dks kY; i kBkps f0gfMvks 'kVæ
	ngcshy fodfl r dj. ; kl kBh mi Øe 'kVæ

	i h-i h-Vh-pk i Hkkoh oki j
2- fnXn'kŁu i kBkrhy ra=	ekckbypk oki j
	f0gfMvkpk oki j
	I ä šk.k mi kxe

	i h-i h-Vh-pk oki j
3- I jko i kBkr vk/kfud ra=Kkukpk oki i	ekckbypk oki j
	osl kbVpk ekfgrh o fp=kā kBh oki j

mfí"V 2 % f'k{k.k'kkL= egkfo | ky; krhy i k/; ki dkP; k v/; ki ukr oki j Y; k tk.kk&; k
ukfol; i w kŁ ra=s o i n/krhpk ekfgrh ?ks ks

dkšVd 2

i k/; ki d v/; ki ukr ukfol; i w kŁ ra=kpk o i n/krhpk oki j djrkr dk\

	gks		Ukgh	
v/; ki ukr i hi hVhpk oki j	50	100 %	0	0 %
ukfol; i w kŁ v/; ki u i n/krhpk oki j	18	36 %	32	64 %

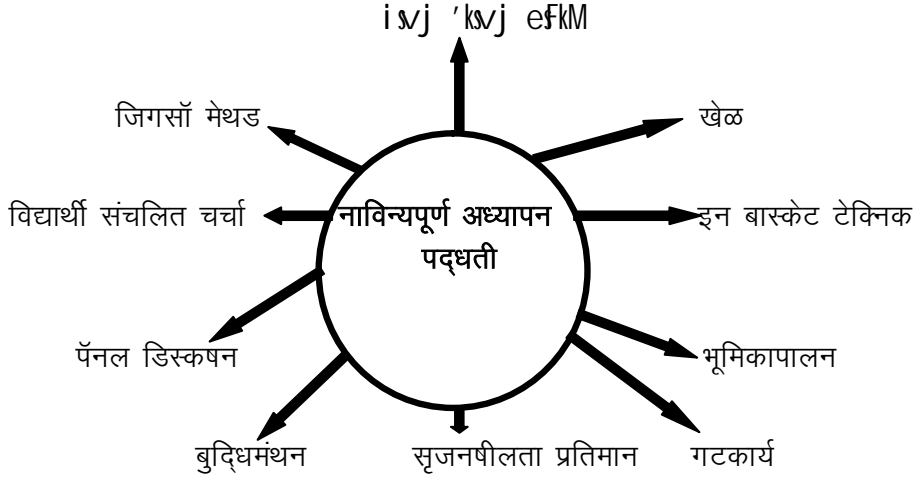
fujh{k.k o vFkfuopu

1- i k/; ki d vki Y; k v/; ki ukr i hi hVh pk oki j djrkr vl s 100 % Nk=k/; ki d Eg.krkr-

2- 64 % Nk=k/; ki d vki ys i k/; ki d ukfol; i w kŁ v/; ki u i n/krh oki j r ul Y; kps
I kærkr-

3- I oZ i k/; ki d i hi hVh oki jrkr ek= Qkj p Fkks i k/; ki d v/; ki ukr ukfol; i w kZ i n/rkh oki jrkr-

i k/; ki d dks kR; k ukfol; i w kZ i n/rkh oki jrkr\ ; k iz ukl [kkyhy i æk. ks i frl kn feGkyk



mf i "V 3 % f' k{k.k' kkl= egkfo | ky; krhy ukfol; i w kZ dk; Øe o mi Øekph ekfgrh ?ks ks dkšVd 3

egkfo | ky; kr ukfol; i w kZ dk; Øe]mi Øe >kys dk\

	gks		Ukgh	
ukfol; i w kZ Dk; Øe	50	100 %	0	0 %
ukfol; i w kZ mi Øe	18	36 %	32	64 %

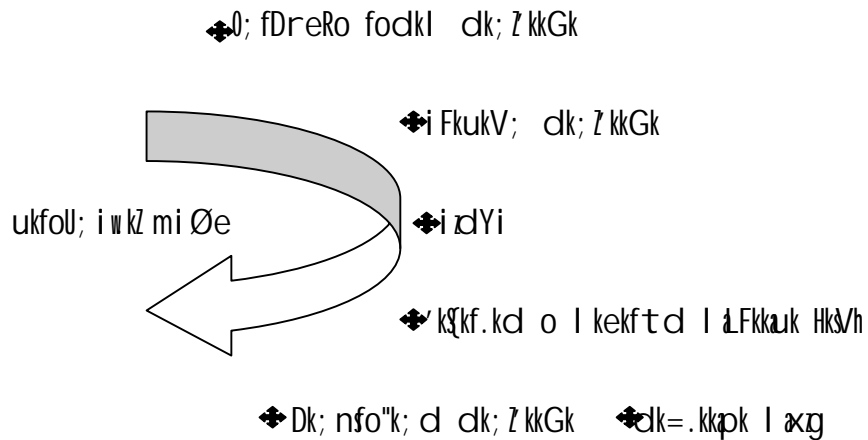
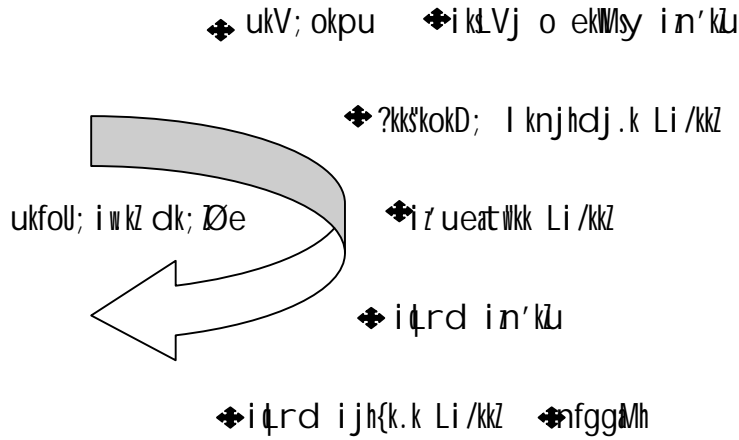
fujh{k.k o vFkfuopu

1½ 100 % Nk=k/; ki d egkfo | ky; kr ukfol; i w kZ dk; Øe >kys vl s l kærkr

2½ 64 % Nk=k/; ki d egkfo | ky; kr ukfol; i w kZ mi Øe >kys ul Y; kps l kærkr

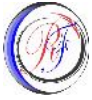
3½ egkfo | ky; kr ofo/; i w kZ dk; Øe gkrkr ek= ukfol; i w kZ mi Øe deh gkrkr

egkfo | ky; kr dks krs ukfol; i w kZ dk; Øe o mi Øe >kys\ ; k iz ukl i çhyi æk. ks i frl kn feGkyk-



fu"d"kZ

- 1- dkgh egkfo |ky; kr I (e v/; ki u I q dj.; ki whZ dks KY; kph us'kfud pkp.kh ?kryh tkrs
- 2- , dk f'k{k.k'kkL= egkfo |ky; kr ngcsh fodkl kl kBh ukfol; i w kZ mi Øe ?krysh xsys
- 3- dkgh egkfo |ky; krhy i k/; ki d fnXn'kū i kBkr i hi hVh] f0gfMvkj ekckby v'kk r=kpk o I d s'k.k mi kxekpk okij djrkr-
- 4- Nk=k/; ki d bW/jusVpk okij ekfgrhl kBh djrkr i .k i hi hVh] ekckby b-pk okij deh djrkr-



- 5- I oZ i k/; ki d i hi hVhp k okij v/; ki ukr dj rkr i .k FkkMsp i k/; ki d ukfoU; i w kZ v/; ki u in /krhp k okij dj rkr- vl s i k/; ki d fFkæd i svj 'ksvj] ft xI kW eFkM] Hkæfedi kyU] bu ckLdV V fDud] I 'tu'khyrk ifreku] [kG] xVdk;] i W y fMLd'ku v'kk in /krh oki j rkr-
- 6- I oZ f'k{k.k'kkL= egkfo | ky; kr ofo/; i w kZ dk; Øe dys tkrkr-
- 7- , dkp egkfo | ky; kr dkgh fo"ks'k mi Øe jkcfoys tkrkr-

f'kQkj 'kh

- 1- I w e v/; ki u dk; Z kkGsi w hZ Nk=k/; ki dkph v/; ki u dkS kY; kph uškfud p k p .kh ?; koh
- 2- Nk=k/; ki dkph o"kkP; k I j okrhI vk'k; Kku p k p .kh ?; koh
- 3- Nk=k/; ki dkah I jko i k Bkr i hi hVh] ekckbÿ ; kl kj [; k vk/kfud ra=k p k oki j dj kok-
- 4- i k/; ki dkah v/; ki ukr fFkæd i svj 'ksvj] ft xI kW eFkM] xVdk; Z ; kl kj [; k I gdk; kRed v/; ki u in /krhp k R; kpi æk .ks bu ckLdV V fDud] cfn/keFku] [kG] fo | kFkhZ I pfyr p p k] i Fkd p p kZ v'kk in /krhp k mi ; ks x dj kok]
- 5- i k/; ki dkah fnXn'kL i k Bkr i hi hVh] ekckby] flogfMvks ; kl kj [; k ra=k p k oki j dj kok Eg.kts Nk=k/; ki dkauk R; kph vkG[k gkbÿ o R; kps v/; ki ukrhy egRo y{kkr ; bÿ-
- 6- f'k{k.k'kkL= egkfo | ky; kr ofo/; i w kZ dk; Øe]mi Øe jkcokor T; keG s Hkko h f'k{kdkP; k I okæh.k fodkl kl enr gkbÿ]

I nHkZ

- eG s jk-'k-] mekB s fo- r q ¼1998½] 'kskf.kd I a kks/kukph ewyrRo] vkš æckkn% fo | k cDl
- vkxk'ks yfyrk] ¼2010½ I gdk; kRed v/; ; u] i q ks % i q ks fo | kFkhZ x'g i xdk'ku
- Innovative Practices In Teacher Education , www.mu.ac.in